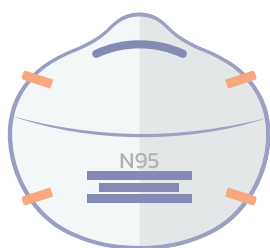# Personal Protection Equipment (PPE) Resources

Personal Protection Equipment (PPE) is vital in keeping healthcare professionals safe. To ensure the health and safety of all healthcare professionals, the Centers for Disease Control and Prevention provides information on how to properly put on and take off PPE.
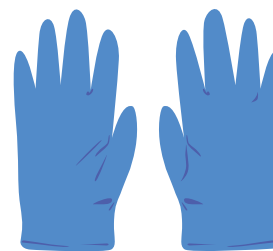
CDC NIOSH Putting on and Taking off Disposable Respirator

- Learn how to properly put on and remove a disposable respirator. Resources available in both English and Spanish.

CDC Video: Donning PPE Properly

- Watch steps on how to properly don your PPE.

Sequence for Putting on Personal Protective Equipment (PPE)

- Follow CDC guidance on the proper sequence for putting on and removing PPE based on the type of PPE being used and level of precautions required.
- Learn safe work practices and review PPE protocol.

CDC Video: Doffing PPE Properly

- Watch steps on how to properly doff your PPE.

COVID-19 UPDATES

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